

Teaching about preventing constipation

References

Winge, K., Rasmussen, D., & Werdelin, L. M. (2003). Constipation in neurological diseases. *Journal of Neurology, Neurosurgery & Psychiatry*, 74(1), 13-19.

Milks, S., Milks, G. U., & Milks, F. O. Symptoms of constipation.

Loening-Baucke, V. (2007). Prevalence rates for constipation and faecal and urinary incontinence. *Archives of disease in childhood*, 92(6), 486-489.

Constipation: Causes and Prevention Tips. (2018). *Hopkinsmedicine.org*. Retrieved 12 January 2018, from <https://www.hopkinsmedicine.org/health/healthy-woman/conditions/constipation-causes-and-prevention-tips>